

TOTAL! TRAVEL



TOTAL TRAVEL JANUARY - JUNE 2020



What's New

Welcome to Total Recreations new look *Total Travel* news letter. The *Total Travel* news letter will now be released quarterly and advertise six months to a year of travel programs. Like the news letter many things have changed with the roll out of the National Disability Insurance Scheme (NDIS). These changes include Total Recreation internal processes, member communications, program booking and funding processes.

What hasn't changed is Total recreations commitment to delivering high quality programs and activities designed to grow independence and confidence in the community in a safe, supportive environment.

Programs

Total Recreation provides a range of programs from art, sport, fitness, active recreation, social engagements through to travel opportunities. Total Recreation have now defined their programs into five key program areas, this includes:

- **Totally Social** - all your social needs, dinner, movies, concerts, and all major community events.
- **Total Sports** - play basketball, lawn bowls, AFL, swimming, athletics and more.
- **FREDI Fitness** - Total Recreations popular active recreation, and fitness program.
- **Total Youth** - youth activities include, holiday programs & camps, sport and now FREDI youth.
- **Total Travel** - offering a range of weekenders, interstate and international holiday options.

Funding

Program funding has changed with the roll out of the NDIS. The funding to plan, deliver and support programs and activities was previously distributed directly to Total Recreation. Under the NDIS funding is now distributed to individuals (through NDIS plans) to provide individuals with the opportunity to choose the services you access.

You will notice that each advertised program or activity now displays three separate amounts Supported Hours (purple), Program Costs (orange) and Out of Pocket (green).



Support Hours and Program Costs come out of your NDIS plan, this covers staff support hours and program costs (program costs include planning, venue and equipment expenses). Out of Pocket (green) is what members must pay out of their own pocket, this expense is meals, tickets to events or entry fees (these costs are not covered by the NDIS).

Total Recreation programs aim for a 1:3 ratio (one staff per three members), advertised cost are at the 1:3 ratio cost.

NEW ZEALAND



New Zealand (8 Nights) Dates: 20 - 29 January

Packing in cosmopolitan cities, authentic opportunities to experience Māori culture, and the country's bubbling volcanic heart, the North Island is an exceedingly versatile destination. New Zealand's South Island usually steals the attention, but the oft-overlooked North Island also features a sublime combination of forests, mountains and beaches. In the latter, the North has a clear lead – particularly in subtropical Northland, the Coromandel Peninsula and the west coast, with its wild surf beaches.

Includes:

- Maori Culture
- North Island attractions
- Rain forest walks and more!

Support Hours

\$5091

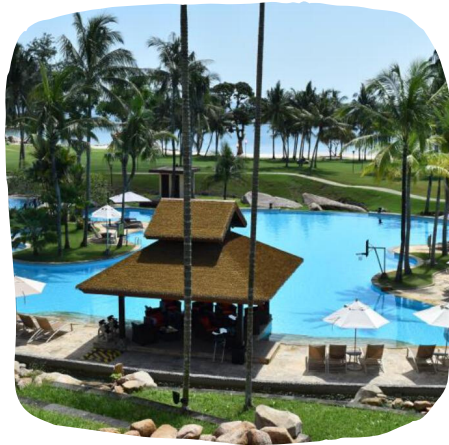
Program Cost

\$2400

Out Of Pocket

\$1100

BINTAN (now August)



Bintan (6 Nights)

Dates: August

Just across the water from Singapore, Pulau Bintan has some of the nicest white-sand beaches in Sumatra. While it markets itself as a high-end playground for well-heeled visitors from Singapore and beyond, there is some affordable accommodation too.

Small boats run locals and visitors to Senggarang, where you'll find a Chinese village on stilts, and Penyenet, a small island with royal tombs, palaces, a mosque and a wonderfully rural atmosphere.

Activities Include:

- Swimming
- Beach relaxing
- Local Tours and Activities

Support Hours

\$5091

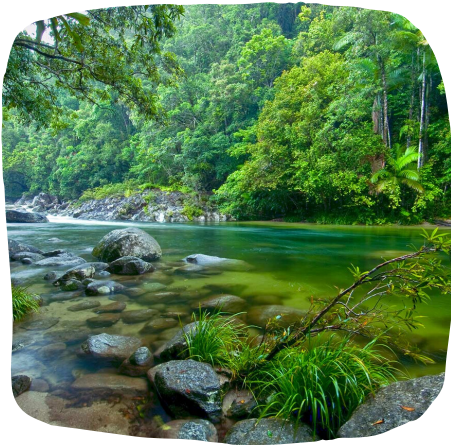
Program Cost

\$2400

Out Of Pocket

\$1100

CAIRNS



Cairns

Dates: 2 - 10th May

Cairns Australia is the premier holiday spot for visitors from international destinations, other parts of Australia and a preferred stopover port for luxury cruise ships. Cairns, Australia, with its close proximity to the Great Barrier Reef and Daintree Rainforest is a Mecca for scuba divers, snorkelers', reef cruises, all types of fishing, rainforest walks, outback "bush" adventures, native bird and wildlife watching and tours of all shapes and sizes, adventure activities and accommodation to suit all types of budgets

Includes:

- Eights nights in Port Douglas
- Mosman Gorge wildlife park
- Markets, shopping and more!

Support Hours

\$2951

Program Cost

\$2400

Out Of Pocket

\$1100

TERRITORY WEEKENDERS



Tropicana Weekend

Date: 15-16 Feb

Stay at the tropical Howard Springs Resort and enjoy rural markets, restaurants and tropical swimming. Head in to town for dinner and activity and finish off a big weekend at the Berry Springs Tavern.

Support Hours

\$1022

Program Cost

\$425

Out Of Pocket

\$200



Butterfly Farm Weekend

Date: 21-22 Mar

Stay over night in Batchelor and visit the Butterfly Farm, stroll amongst amazing Australian butterflies in an indoor subtropical rainforest setting, on the doorstep of Litchfield National Park.

Support Hours

\$1022

Program Cost

\$425

Out Of Pocket

\$200

TERRITORY WEEKENDERS



Photography Tour

Date: 15 - 16 Feb

Two nights in the Katherine region with a focus on photography. Explore the Katherine region including Katherine Gorge, Mataranka and the Barunga Festival.

Support Hours

\$1682

Program Cost

\$600

Out Of Pocket

\$300

Holidays and Travel with Total Recreation



Total Recreation is growing its range of holiday options, aiming to provide a range of varied destinations, activities and price points. Along side international and interstate holidays opportunities Total Recreation is offering Territory Weekenders (short overnight stays in Territory locations). Have a suggested destination of events, let us know!