

# SPORTS

The Rising Stars basketball competition is back in terms three and four. Join the Hot Steppers and the Total Stars compete and enjoy basketball in a fun inclusive program. Rising Stars basketball includes skill development sessions and games. (competition date may vary).

## 37. Basketball (Fridays term 3)

Jul 30th,  
Aug 6th, 13th, 20th, 27th  
Sept 3rd, 10th, 17th

NDIS  
**\$801**  
24 hours

Member  
**\$100**  
8 sessions



## 38. Basketball (Fridays term 4)

Oct 22, 29th,  
Nov 5th, 12th, 19th, 26th  
Dec 3rd, 10th

NDIS  
**\$801**  
24 hours

Member  
**\$100**  
8 sessions



*'Monday Sport continues with Table Tennis, Lawn Bowls and Indoor Sport programs, table top games, 8-ball, tenpin bowling and more. Sports conducted in a social atmosphere'.*

## 39. Lawn bowls (Mondays)

Four week lawn bowls program. Monday afternoon lawn bowls, hit the rink and roll a few balls at jack in a relaxed social environment.

Jul 5th, 12th, 19th, 30th

NDIS  
**\$441**  
12 hours

Member  
**\$60**  
4 sessions



# SPORTS

## 40. Table Tennis

From beginners to experts come and play Table Tennis in the air-conditioned Rec Room. Learn skills and have fun, or train hard for the end of program championship play offs!

Oct 25th  
Nov 1st, 8th, 15th

NDIS  
**\$441**  
12 hours

Member  
**\$60**  
4 sessions

## 41. Indoor Games

A variety of indoor based games will be held over four weeks e.g. Table tennis, 8-ball, bowling and other activities conducted indoors.

Nov 22nd, 29th  
Dec 6th, 13th

NDIS  
**\$441**  
12 hours

Member  
**\$60**  
4 sessions

*'Total Recreation supports a number of sport opportunities for members. These programs are often run by clubs or sports'.*

## Athletics



Athletics program is conducted on Mondays at the Marrara Athletics stadium, (this program is run by the Darwin Athletics Club) contact us and find out how to get involved.

## Swimming



Swimming program is conducted at Palmerston Pool, (this program is run by the Palmerston Sharks swimming club) contact us and find out how to get involved.